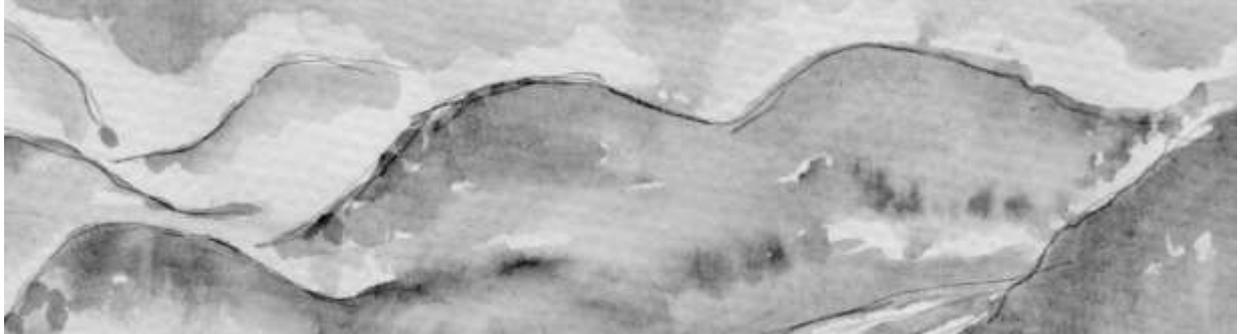


Sounds of Silence

Zen Sesshin 5 – 11 June 2015



Leaders

Paul Maloney Roshi, a Diamond Sangha teacher with over 40 years of experience of Zen practice in both Australia and Japan, has been teaching at the Sydney Zen Centre since 2002.

Jeff Ward is an apprentice Diamond Sangha teacher who leads the Canberra Zen Group. He has nearly 40 years experience in Buddhist practice. As well as being a Zen teacher, Jeff is a clinical psychologist and psychotherapist.

Schedule

This sesshin will combine sitting meditation (zazen), walking meditation (kinhin), private interviews with Paul Maloney and Jeff Ward; daily dharma talk; chanting; mindfulness work practice; vegetarian meals; Zen training and ritual. If you are new to sesshin prior orientation before sesshin is encouraged.

Venue

Kodoji, or Ancient Ground Temple, is the Sydney Zen Centre's retreat centre in the Upper Macdonald Valley, about two hours north-west of Sydney, via Wisemans Ferry and St Albans. Kodoji Temple sits in a beautiful valley called Gorricks Run, surrounded by high sandstone cliffs and deep wilderness. There is only limited indoor accommodation and it is generally expected that sesshin students will pitch their own tents.

Enquiries

Janet Selby janetselby@bigpond.com, phone 0421369707
Further information about SZC and sesshin: www.szc.org.au

Cost

\$336 Members, \$432 non-members



Application Form: Winter Sesshin, 5 - 11 June 2015 (page 1)

Name: _____

Address: _____

Phone: H: _____ W: _____ Mob: _____

email: _____

In case of emergency, contact:

Name: _____ Phone(s): _____

Special factors:

- If you wish to bring children to sesshin (\$10 per child per day).
- If your financial situation makes it impossible for you to pay the applicable fee, please contact the sesshin coordinator no later than 15 May (i.e. 3 weeks before sesshin starts).
- If there are any medical or personal factors that may affect your participation, please note them. This information will be confidential to sesshin coordinator, teacher, and sesshin leaders.
- Medications or treatments required for specific medical conditions, allergies etc must be brought with you to sesshin as only basic first aid supplies are available.

Special food requirements: Food will be vegetarian. If you have specific requirements—e.g., if you do not eat dairy products or eggs, if you require or prefer soy milk, if you have allergies to any foods—please specify now, so that our food planning can take this into account. It is too late to tell us once you are at sesshin.

If you are not an SZC member, specify previous meditation experience:

Do you have any medical or first aid training?

Attendance details:

Full time, 5-11 June SZC member Non-member

Part time: Number of days: ____ Arrival day and time: _____
Departure day and time: _____

Attendance from Day One is *preferred* for all participants, and *required* for participants who have not previously sat sesshin with SZC. For planning purposes we must have *both day and time* for part-time arrivals and departures. When counting days for part-time enrolment, do not count 5 June (the first day) as a separate day. Add it to the part-day on which you are leaving and call that one full day.

Transport: I need transport I can offer transport: Number of seats _____
 I have a 4WD or Station Wagon

If you have your own plans or preferences about transport (e.g., travelling with another sesshin student), please give this information here. _____

Do not leave transport information blank. If you do not give it now you will have to be asked later.

Application Form: Winter Sesshin, 5-10 June 2015 (page 2)

- Fees:** Full time: SZC member \$336
 Non-member \$432
- Part time: SZC member \$56 per day _____
- Part time: Non-member \$72 per day _____
- Total:** _____

- If you wish to apply for the Anne Marie Buescher Scholarship, please check this box. The scholarship provides assistance in meeting sesshin fees to applicants who would otherwise not be able to afford to attend. If you check this box, you will be contacted by the Sesshin Coordinator to discuss your application.*

Organising a sesshin at Kodoji requires a large amount of volunteer labour, and late changes cause much extra work for volunteers and/or extra costs for SZC.

We ask you to note carefully the following deadlines and provisions, to which no exceptions will be made.

- Fees are payable by 22 May (two weeks before sesshin starts). Applications or payments received after this date incur a 10% additional fee.
- No applications will be accepted after 29 May (one week before sesshin) unless a cancellation occurs. Applicants who have not paid by 29 May will have their places cancelled.
- Except in the case of unforeseeable emergencies, no refunds will be made if you cancel after 29 May or if you leave sesshin earlier than your nominated time.

Post this form to:

Sesshin Coordinator, SZC, 251 Young Street, Annandale NSW 2038

OR send as an email attachment to Janet Selby janetselby@bigpond.com

Include full payment by one of the following methods (please indicate):

- Cheque or money order payable to Sydney Zen Centre. Do not send cash.
- Electronic funds transfer to: BSB 062-182, Account No. 1008 6801.
In the EFT description box, give your surname followed by 'SE'.
If you pay by EFT, print out and post, or email, a copy of the transfer details page which you receive from your bank at the time of making the transfer.

A confirmation letter or email with information about Kodoji Temple and what you should bring to sesshin will be forwarded to you following the receipt of your application and payment.

In the event of unforeseen circumstances SZC may cancel this sesshin.