

# Rohatsu Sesshin Application Form

Name:

Address:

Phone/Mobile:

Email:

Previous meditation experience:  
(non SZC members please specify)

Billet required: \_\_\_ Billet available: \_\_\_

Please note that Sydney Zen Centre cannot guarantee that a billet will be available. If not, attendees will need to find their own accommodation.

## Cost

Full Time:    Member            \$195  
                  Non-Member        \$260

Blocks each: Member            \$15  
                  Non-Member        \$20

## Total

Amount: \$ \_\_\_\_\_

## Attendance

### Part time

Indicate which blocks:

Morning	Afternoon	Evening
		Friday <b>X</b>
Saturday	Saturday	Saturday
Sunday	Sunday	Sunday
Monday	Monday	Monday
Tuesday	Tuesday	Tuesday
Wed		

Number Blocks: \_\_\_\_\_

Total Amount: \$ \_\_\_\_\_

## Enquiries

Jill Steverson, [jillsteverson@gmail.com](mailto:jillsteverson@gmail.com)  
mobile 0411 655 606



## Rohatsu Sesshin

8 - 13 December 2017

Sydney Zen Centre  
251 Young Street Annandale

Led by Allan Marett

# Rohatsu Sesshin

8 - 13 December 2017

Yamada Roshi once said, "the basis and central focus of Buddhism is the enlightenment experience of Shakyamuni Buddha." Rohatsu (8 December) is the day on which we, together with Zen communities throughout the world, celebrate the Buddha's realisation.

This year, our five-day Rohatsu sesshin will begin on the evening of Rohatsu, Friday 8 December, and will conclude around lunchtime on Wednesday 13 December. It will be held at the SZC at Annandale and will be non-residential. Participants can choose to attend full-time, or elect to attend for specific blocks (morning, afternoon, evening) on specific days. This flexible structure is designed to accommodate the demands of people's busy lives, particularly at this time of the year. We ask only that all participants attend on Friday evening for the opening of sesshin, unless explicitly excused. We also ask that you maintain your commitment by coming to each block that you have signed up for.

The schedule will include zazen, walking meditation, dokusan and teisho. As this is a non-residential sesshin, participants will be responsible for their own accommodation. While it may be possible to find billets for out-of-towners, this cannot be guaranteed. Participants will also be responsible for their own lunches. Suppers will be provided on Saturday, Sunday, Monday and Tuesday evenings.

Our Rohatsu sesshin is an opportunity for us to honour and realise for ourselves the Buddha's path of liberation.

## Sesshin Schedule

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Rohatsu sesshin will begin on Friday evening, with a brief orientation and some opening words. Allan requests that all participants attend this session.

Each full day of sesshin will begin at 9.30 am and conclude at 9.00 pm.

### **Friday evening (attendance is compulsory unless explicitly excuse)**

**7.00-9.00pm** orientation, opening words, brief sutra service.

### **Saturday to Tuesday**

**9.30-12.00 pm** sutras, zazen, kinhin, outside walking (weather permitting)

**12.00-2.00** meal gatha, lunch/break

**2.00-5.00 pm** zazen, kinhin, teisho, dokusan

**5.00-6.30 pm** meal gatha, supper/break

**6.30-9.00 pm** zazen, kinhin, dokusan, rest.

### **Day 5, Wednesday**

**9.30-12.00 am** zazen, kinhin, dokusan, closing words, end of sesshin sutra service and sharing circle.

**12.00** End of sesshin.

To reserve your place, return the application form with full payment by Friday 1 December. Please contact Jill Steverson if you have special food/allergy requirements.

Cheque or money order payable to Sydney Zen Centre or electronic funds transfer to:

BSB 062-182, Account No. 1013 7103

In the EFT description box give your surname followed by 'RO'

Please send receipt of payment and form to [jillsteverson@gmail.com](mailto:jillsteverson@gmail.com)

Or post to: Sesshin Coordinator, SZC, 251 Young Street, Annandale NSW 2038

*In the event of unforeseen circumstances SZC may cancel this sesshin.*

