

Transmission Sesshin for Allan Marett

Application Form

Name: _____

Address: _____

Phone/Mobile: _____

Email: _____

Previous meditation experience
(non-members please specify): _____

Cost

Full Time: Members \$225
 Non-members* \$300

Blocks each: Members \$15
 Non-members* \$20

Total

Amount: \$ _____

** Priority will be given to SZC members*

Attendance

Full time

Part time

Indicate which blocks:

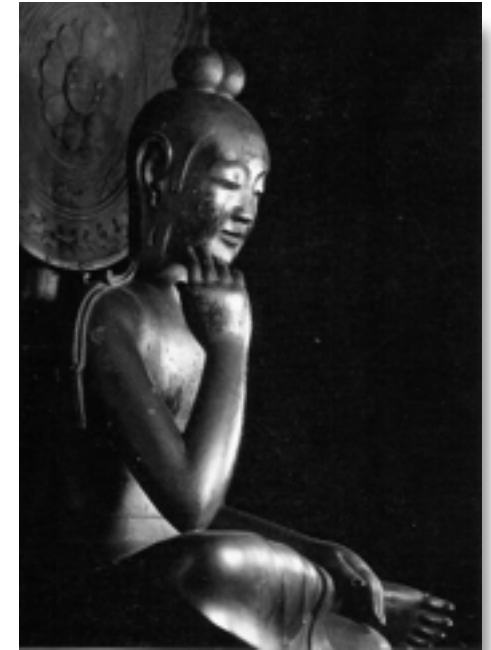
Morning	Afternoon	Evening
		Friday X
Saturday	Saturday	Saturday
Sunday	Sunday	Sunday
Monday	Monday	Monday
Tuesday	Tuesday	Tuesday
Wed		

Number Blocks: _____

Total Amount: \$ _____

Enquiries

Jane Andino, janeandino@yahoo.com.au,
0432 355 831



Transmission Sesshin

20-25 July 2018

Sydney Zen Centre
251 Young Street Annandale

Led by Allan Marett

Cultivating the Empty Field

Transmission Sesshin for Allan Marett
20—25 July 2018

Cultivating the Empty Field was an expression used by Zen Master Hongzhi to describe the work that we do, not just in coming to Awakening, but also in cultivating a mature practice. Our focus will be *The Book of Serenity*, Hongzhi's collection of koans with accompanying verses. Together we will cultivate the ancient ground in preparation for the dharma transmission of Allan Marett on Sunday 29 July.

<http://szc.org.au/classes/dharma-transmission-ceremony/>

Our five-day sesshin will begin on the evening Friday 20 July and will conclude around lunchtime on Wednesday 25 July. It will be held at the SZC at Annandale and will be non-residential. Participants can choose to attend full-time, or elect to attend for specific blocks (morning, afternoon, evening) on specific days. This flexible structure is designed to accommodate the demands of people's busy lives. Allan would like all participants to attend on Friday evening for the opening of sesshin, unless explicitly excused. He also asks that you maintain your commitment by coming to each block that you have signed up for.

The schedule will include zazen, walking meditation, dokusan, teisho and dharma enquiry. As this is a non-residential sesshin, participants will be responsible for their own accommodation. Participants will also be responsible for their own lunches. Suppers will be provided on Saturday, Sunday, Monday and Tuesday evenings.

Please come and join us in the empty field so that we and all beings can work together to realise maturity in practice.

Sesshin Schedule

The sesshin will begin on Friday evening, with a brief orientation and some opening words. Allan requests that all participants attend this session.

Each full day of sesshin will begin at 9.30 am and conclude at 9.00 pm.

Friday evening (attendance is compulsory unless explicitly excused)

7.00-9.00 pm orientation, opening words, brief sutra service

Saturday to Tuesday

9.30-12.00 pm sutras, zazen, kinhin, outside walking (weather permitting)

12.00-2.00 meal gatha, lunch/break

2.00-5.00 pm zazen, kinhin, teisho, dokusan

5.00-6.30 pm meal gatha, supper/break

6.30-9.00 pm zazen, kinhin, dokusan, rest

Day 5, Wednesday

9.30-12.00 am zazen, kinhin, dokusan, closing words, end of sesshin sutra service and sharing circle

12.00 End of sesshin

To reserve your place, return the application form with full payment by Friday 13 July. Please contact Jane Andino if you have special food/allergy requirements.

Cheque or money order payable to Sydney Zen Centre or electronic funds transfer to:

BSB 062-182, Account No. 1013 7103

In the EFT description box give your surname followed by 'TS'

Please send receipt of payment and form to janeandino@yahoo.com.au

Or post to: Sesshin Coordinator, SZC, 251 Young Street, Annandale NSW 2038