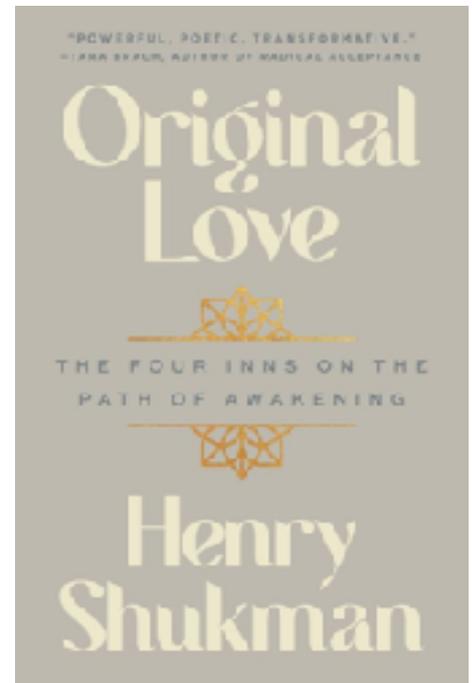
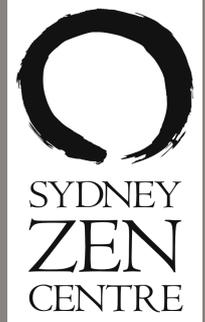


# Henry Shukman

## Dharma Talk



### Sydney Zen Centre presents

Henry Shukman, a close dharma cousin to our Diamond sangha lineage, will give a Dharma talk hosted by Sydney Zen Centre, on the topic of his latest book, 'Original Love'. He also will be in discussion with Subhana Barzaghi, roshi, and will be happy to take questions from the audience.

**When:** Friday 20 March, 2026

**Where:** Upstairs Hall of the  
Annandale Community  
Centre

**Time:** 7pm

**Cost:** \$17

Bookings via Eventbrite is essential

Click here: [Tickets](#)

Henry Shukman is a teacher in the Sanbo Zen lineage and has trained in various other meditation schools and practices. After a spontaneous spiritual awakening at the age of 19, he embarked on a long journey of healing and deeper awakening, guided by Roshis John Gaynor, Joan Rieck, Ruben Habito, and Yamada Roshi, international abbot of Sanbo Zen, who ultimately appointed him a teacher in 2010.

Since then he has been leading a growing number of practitioners on the path of awakening, in Europe, the US and through his meditation app, The Way. He is the Spiritual Director Emeritus of Mountain Cloud Zen Centre in Santa Fe, New Mexico. He is also a poet and author, having penned One Blade of Grass (a Zen memoir) and Original Love.

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